



# FREESTYLE PROGRAM



MANSFIELD SKI CLUB

*Freestyle*



# PROGRAM OBJECTIVES

- To engage our youth and develop a life long passion for skiing and snowboarding.
- To develop athletic and competent riders.
- To support our kids well being and personal growth through freestyle riding.
- To create environments that respect and include each of our kids as individuals.
- Foster friendships and supportive team members.
- To support individual freestyle goals.

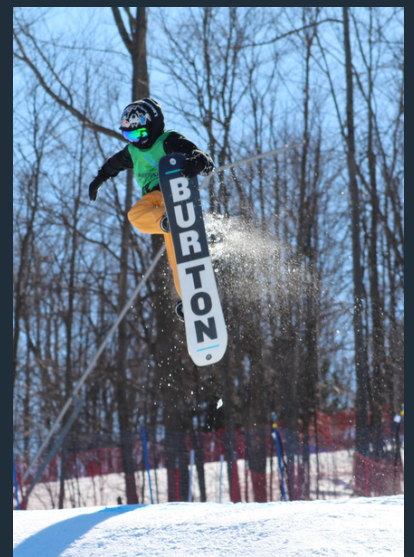




# PROGRAM DELIVERY



- Optional group dryland training Sunday mornings Sept. to Nov.
- 3 Day Christmas Camp
- Optional New Years Camp
- Freestyle programming on weekends from January to first weekend of March
- Optional Friday training





# PROGRAM STREAMS

## 1-Day Park

### Program

Saturdays, no travel events. Most of the time in the park

## 1-Day All Terrain

### Program

Saturdays, no travel events. Half the time in the park and half the time out of the park.



## 2-Day Groms/Media

### Program

Saturdays & Sundays. Will participate in 3 Sunday Groms competitions at other clubs.

## LIT

### Program

Saturdays, ages 12-15, half focus on learn to coach and half focus on rider improvement.



# PROGRAM FACILITATOR



## Jamie Dowdall

Jamie grew up snowboarding at Hockley Valley, then Blue Mountain and the park is still his favourite place on the hill. Jamie and his family have been members of the club and involved in programming for 10 years. Jamie has 35 years experience with competitive sport and coaching.



"I am excited to inspire a lifetime of freestyle skiing and snowboarding among our riders by instilling the fundamentals and core skills that will open up all freestyle terrain to our athletes. I am passionate about providing the opportunity and environment for our freestyle athletes to excel and have fun. "



# REGISTRATION



Registration  
and Program  
Menu [Click Here](#)

